



**NDIS Quality  
and Safeguards  
Commission**

## NDIS Quality and Safeguards Commission

### Questions or more support



As an NDIS participant, you have the right to receive good quality services and be safe.



If you or anyone else has concerns about your NDIS support or services, ask for help.



It's OK to ask for help.



If you have questions or need more support, talk to people you trust.



This includes family or friends who can help you.



You can also talk to us, the NDIS Commission.



You can ask others for help too, including:



- appointed nominee from the National Disability Insurance Agency (NDIA)



- support coordinator



- Local Area Coordinator



- NDIA Planner



- Early Childhood Partner



- advocates



- advocacy groups



- service providers.



Anyone can contact us for general questions or to complain about NDIS services.



Everyone has choices on how to contact us.

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## General questions or complaints



### Phone

**1800 035 544** (free call from landlines)



### Website

Complete the complaints form on our website:

<https://www.ndiscommission.gov.au/participants/complaints>



### Text Telephone TTY

**133 677**



### Translating and Interpreting Services (TIS National)

**131 450**



## **National Relay Service**

<https://internet-relay.nrscall.gov.au/>

Ask for **1800 03 55 44**



## **Mail**

NDIS Commission

PO Box 210

Penrith NSW 2750